

Welcome to

NPLC LENS

Belleville Nurse Practitioner-Led Clinic Newsletter

Creative Director: S. Bernier



QHC Treasurer and Board member John Kearns,
Director of BNPLC Karen Clayton-Babb and QHC
Board Chair Nancy Evans

Values in Action Award

Quinte Health Care's Board of Directors recognized individuals for providing exemplary service in health care and this year the award was presented to the BNPLC and Gateway Community Health Center for helping almost 1300 unattached patient receive care through the Virtual Care Program. Congratulations to all.

Quinte News [John Spitters](https://quintenews.com/2022/06/28/outside-organizations-partner-with-quinte-health-care-to-benefit-patients/) Jun 28, 2022 <https://quintenews.com/2022/06/28/outside-organizations-partner-with-quinte-health-care-to-benefit-patients/>

Spirometry Clinics Are Back!

What is Spirometry?

Spirometry is a group of tests that assess how well the lungs work by measuring lung volume, capacity, rates of flow, and gas exchange. Spirometry tests are used to diagnose these conditions: COPD asthma restrictive lung disease (such as interstitial pulmonary fibrosis) other disorders affecting lung function.

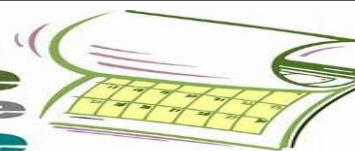


Assisting with the spirometry program is Eric Kruger. Eric has been a Respiratory Therapist since graduating from Fanshawe College in 2015.

He previously completed a BA Biology degree from Wilfrid Laurier University in 2012 and was born and raised in Belleville. He is heavily involved in the local community where he resides with my wife and two young daughters. He has respiratory experience in both hospital and community settings, where he worked in frontline and managerial positions.

He joined the Quinte Regional Lung Health Program in Nov 2022 where he worked with many different organizations, including the BQWCHC, BNPLC, Queen's FHT, PEFHT & Lakeview FHT. His role is to institute and maintain lung health efforts at each organization and ensure standardization of care across the region.

Save the Date



Foot Care Clinics

Sept 16th 2022
October 7th 2022
October 28th 2022
Nov 4th 2022
Nov 25th 2022

Spirometry Clinic

Sept 8th 2022
Sept 22nd 2022

Clinic Hours

Starting Sept 6st 2022

Monday 9:00-5:00
Tuesday 10:00am-7:00pm
Wednesday 9:00am-5:00pm
Thursday 8:00am-5:00pm
Friday 9:00-3:00pm
*Saturday 9:00am-5:00pm

*Saturday 2 per month
Closed for Lunch
12:30pm-1:30pm
see website for dates
www.bnplc.ca

HEALTH AWARENESS

September

10th: World Suicide Prevention Day
30th: Truth and Reconciliation Day

October

3rd-9th: Mental Illness Awareness Week
10th: World Mental Health Day

November

November Month-Men Physical and Mental Health
13th -19th: Nurse Practitioner Week



Karen Clayton-Babb Accepts Marsha Stephen

Community Health Leadership Award

We are excited to announce that Chief Nurse Practitioner/Clinic Director of the BNPLC Karen Clayton-Babb is this year's Marsha Stephen Community Health Leadership Award recipient: This Award is given by the BQWCHC Board to recognize people in our community who understand that health starts where we live, learn, work and play, and the importance of collaboration.

Karen provides strong organizational and system leadership while maintaining an active primary care practice. Karen has led the BNPLC as a partner in several initiatives over the years to improve access to primary care for unattached moms and newborns with QHC, people coping with substance use withdraw with Addictions and Mental Health Services Mobile Community Withdrawal Services Program, among others. Congratulations Karen.

CARIBANA

Belleville Ontario, hosted its first ever Caribbean festival this past June and people turned out in droves to feel the energy of the islands.



Karen Clayton-Babb and Councillor Sean Kelly

Karen Clayton-Babb, one of the festival's organizers felt the goal of the festival was to celebrate and showcase the Caribbean culture which has a vibrant presence in the city.

The festival included entertainment, food and dance. Everything you need to bring people together.

For full article: [Belleville, Ont. hosts first-ever Caribbean festival - Kingston | Globalnews.ca](https://www.globalnews.ca/story/ontario/2022/06/23/belleville-ont-hosts-first-ever-caribbean-festival-kingston)

New Members of the BNPLC Board

Jane Gardner, Director



A University of Toronto graduate and successful manager in the arts and non-profit sector, Jane Gardner has considerable experience working

in the arts and non-profit sector in revenue generation, grantsmanship, community outreach, marketing, advocacy, health & safety, human resources, finance, fundraising, facility management, contracting, producing events, strategic planning, arts education, and volunteer management. She has spent 40 years working in the performing arts as an executive director, general manager, publicist and communications director for many companies: Blyth Festival, Carousel Players, Great Canadian Theatre Company, Quinte Ballet School of Canada, Theatre Ontario, Theatre New Brunswick, Huron Country Playhouse, and Ottawa International Jazz Festival.

Ms. Gardner has served on a number of non-profit Boards, chaired various Board committees and retired in June 2022 after 5 years with Quinte Ballet School of Canada. Jane says, "I am proud to join the Board and serve as the Governance Committee Chair. Although I don't have direct experience working in the health care field, I have navigated the challenges of health care and supported health & safety initiatives in a number of ways. At Quinte Ballet School, I developed all of the COVID policies, workplace plans and risk management strategies since the pandemic began. As the volunteer Chair of the COVID-19 Response Committee of Dance Ontario, a province-wide arts service organization, our team helped to connect dancers, teachers and organizations to resources, professional development and information to navigate through the COVID pandemic. Working as an arts administrator in many parts of Ontario and in New Brunswick, I experienced many challenges finding a doctor and helping new employees

Ingrid Wood, Director

Graduated Quinte Secondary School, (Belleville), in 1974 and two months later began my working career.

1974-1985 I worked for the Hastings and Prince Edward District School Board and Kawartha Pine Ridge Board of Education as administrative assistant.

1987-1997 Community Advocacy & Legal Centre as administrative assistant then moving into the position of Office Manager.

December 1997 - September 2008 Operated my own retail educational supply business, The Learning Experience.

October 2008, I returned to Community Advocacy & Legal Centre as their Receptionist/Legal Support Staff, retiring September 2020.

After my mother had a motor vehicle accident in 2002, which left her with a brain injury and some paralysis, I became her advocate. We began a journey together navigating many new worlds.... insurance, and health care. We travelled through initial care, rehabilitation, coordinating and hiring in-home care, making her home accessible and so much more. I believe I gained some very valuable knowledge along the way.

find health professionals when moving to different towns and cities.

While Executive Director at Theatre Ontario, a provincial service organization, we launched a fully-funded three-year health and safety training program for theatre managers in 50 Ontario theatres."