

Welcome to

NPLC LENS

Belleville Nurse Practitioner-Led Clinic Newsletter

S. Bernier, Creative Director

Welcoming Euclid Telehealth



Euclid Telehealth, focuses on eye disease assessments for the leading causes of vision loss and blindness, such as: glaucoma, diabetic retinopathy, macular degeneration, and others. The health span of eyes is our priority and while many eye diseases have no symptoms, Euclid uses leading technology and a trusted network of surgeons and ophthalmologists to identify and prevent eye disease.

Euclid team will be onsite at the Belleville Nurse Practitioner-Led Clinic to service the needs of current registered patients one day each month starting April 11th, 2022

If this service interests you, please speak with your Nurse Practitioner.

Introducing Onsite Express Check In

Express check in enables barcode registration for convenient patient check-in. Shorter wait times result in a better patient experience, greater satisfaction, and provide patients the ability to update demographics and forms. Most patients prefer using an electronic check-in system as it means less time filling out forms by hand.



We Are Now Accepting New Patient Applications!

New patient applications are now being accepted from Health Care Connect.

If you are without a health care provider, please register with Health Care Connect to become eligible. 1-866-532-3161.

Our mission. Your health.

Foot Care Services

Foot care services will soon be available again within the clinic by an independent foot care nurse. This is a pay per visit service, by appointment only and for registered patients.

- **Foot care services include:**
- **Treatment of ingrown toenails**
- **Treatment of thick, hard and fungal Nails**

- **Reduction and/or removal of heavy calluses and painful corns**
- **Helpful teaching techniques to promote prevention of specific foot issues**

Upcoming Pap Clinics For Registered Patients

Monday May 2nd 2022 Thurs June 2nd 2022
 Saturday May 14th 2022 Tues June 28th 2022
 Please call to book your appointment.

Health Awareness

Mental Health Week – May 3rd – 9th 2022
 National Nurses Week – May 10th -16th 2022
 National Health & Fitness Day – June 5th 2022

New Ontario Health Teams

Ontario's health care system is complex, and many patients, families, caregivers, and providers find it confusing, inconvenient, and challenging to navigate. In particular, patients experience fragmented care as they transition from one provider to the next. They wait too long for care and find

They have to repeat their health history and fill out duplicate forms when moving from one level of care to the next. Many health care organizations operate beyond their capacity due to ever-increasing health care demands, while others are below capacity. Ontario Health Teams bring together health care providers to work as one team to improve patient outcomes. The goal of Ontario Health Team (OHT), is to improve patients' experience as they transition from one provider to another, including, for example, between hospitals and home care providers, with one patient story, one patient record and one care plan.

The OHT is built on collaboration, partnership, trust, communication, and mutual respect between patients, families, caregivers, providers, and communities.

The BNPLC is a member of the local OHT, the Hastings-Prince Edward OHT (HPE OHT) and is excited to be part of such a collaborative group.

To learn more about OHTs, visit [Ontario Health Teams: Guidance for Health Care Providers and Organizations \(gov.on.ca\)](https://www.ontario.ca/gov/services/ontario-health-teams)

Paxlovid (Nirmatrelvir/Ritonavir) New COVID-19 Treatment

Paxlovid is the first at home prescription medication approved by Health Canada to treat COVID-19. It must be taken within 5 days of when symptoms start.

Who should receive Paxlovid?

Patients at higher risk of severe COVID-19 infection (proven by PCR or provider administered rapid test who are not yet on supplemental oxygen and who are within 5 days of symptom onset.

AGE (years)	NUMBER OF VACCINE DOSES		
	0 doses	1 or 2 doses	3 doses
<20	Higher risk if > 3 risk factors	Standard risk	Standard risk
20 to 35	Higher risk if > 3 risk factors	Higher risk if > 3 risk factors	Standard risk
40 to 69	Higher risk if > 3 risk factors	Higher risk if > 3 risk factors	Standard risk
>70	Higher risk	Higher risk if > 3 risk factors	Higher risk if > 3 risk factors
Immunocompromised of any age	Higher risk	Higher risk if > 3 risk factors	Higher risk if > 3 risk factors
Pregnancy	Higher risk	Standard risk	Standard risk
RISK FACTORS			
<ul style="list-style-type: none"> Obesity (BMI > 30 kg/m) Diabetes Heart disease, hypertension, congestive heart failure Chronic respiratory disease including cystic fibrosis 		<ul style="list-style-type: none"> Cerebral palsy Intellectual disability Sickle cell disease Moderate or severe kidney disease Moderate or severe liver disease 	

Ask your Nurse Practitioner for more information and if Paxlovid is right for you.